

# 10. Nuachtlitir

25/01/2024

## **St. Brigid's Day Mass**

We will celebrate St. Brigid's Day Mass on Thursday, 1st February at 10.30 a.m. in Church. All are welcome!

## **Grandparents' Day**

I hope all our Grandparents and special people enjoyed their special day! It was lovely to meet so many of the grandparents/special people of Rang III in Scoil Bhríde yesterday. I wish to thank all who came to visit us and the pupils in Rang III for their lovely presentation. Special thanks also to the class teachers, the SNA's and all who helped out on the day. Some photographs from the day will be put on our website shortly.

## **Revised Parental Complaints Procedure**

Please read the revised parental complaints procedure on our website [www.sbrathcormac.ie](http://www.sbrathcormac.ie) The parental complaints procedure was revised and agreed by the Irish National Teachers' Organisation and the management bodies of primary schools, the Catholic Primary Schools Management Association, the Church of Ireland, An Foras Pátrúnachta, the Muslim Primary Education Board, Educate Together and the National Association of Boards of Management in Special Education in 2023. It is designed to provide an open and clearly defined process to facilitate parents/legal guardians in raising concerns about their own child/children in an agreed, fair and transparent manner.

## **Relationships and Sexuality Education (RSE)**

Please read the information sent out yesterday. If you do not wish your child to participate in the lessons, please let the class teacher know in writing by tomorrow, Friday January 26th.

## **Safety**

The junction at the Garda barracks is very busy with cars, pedestrians and cyclists in the mornings and again at hometime. A number of parents have raised concerns about children stepping onto the road without looking. Please discuss road safety again with your child/ren if they are using this junction. They should stop, look and listen before going onto the road from the footpath.

## **Comhghairdeas**

Congratulations and well done to both teams who took part in the Sciath Na Scol Quiz recently.

## **Healthy Eating in Scoil Bhríde**

Just a reminder about our Healthy Eating Policy in Scoil Bhríde. In line with this policy, we are encouraging the children to:

- make their own lunch or be involved in the making of their lunch
- bring water each day
- bring a portion of fruit **and** a portion of vegetable each day
- We are respectfully asking parents not to give what many refer to as 'treats' (biscuits, chocolate bars, cakes, sweets, cereal bars and dessert yoghurts) during the week (Mon.-Thurs.) These are on the top shelf of the food pyramid as they are foods high in fat, sugar and salt. **One** 'treat' will be allowed on Fridays, should a parent wish to include one.

A reminder to all that crisps, popcorn, fizzy drinks, chewing gum and nuts/nut spreads are **not** allowed in Scoil Bhríde. Children are to bring home all wrappers, waste etc. from their lunch in their lunchbox.

## **Dates for your diary**

Ballyduff Upper Table Quiz 4th - 6th class	Friday, 2nd February 7.30 p.m. - 9.30 p.m. (poster attached)
Araglin Table Quiz 3rd - 6th class	Thursday, 8th February 7.30 p.m. (poster attached)

Please let the class teacher know if your child is interested in attending these quizzes.

### **Board of Management report for parents and staff from the meeting on 24/01/2024**

- The board approved the revised parental complaints procedure

Mise le meas,

Mairéad Uí Íomhair.